

DSBN MENTAL HEALTH SUPPORT TEAM

Roles	Description	Support
<p>Youth Counsellors 32 FTE</p> <p>Youth Counsellors are a resource for students who are vulnerable or at risk of developing greater mental health difficulties.</p>	<ul style="list-style-type: none"> ▪ Examples of types of difficulties which they can support include: Self-regulation, social skills, self-awareness, responsible decision-making, coping with stress, low mood, high anxiety, problem solving, anger, relationships (peer, family, romantic), managing daily stressors, death of family member/friend (non-traumatic). ▪ Youth Counsellors can see individual students at school (3-5 sessions that target a specific area of need), in groups (mental health promotion or prevention programs targeting at risk students) or in providing mental health promotion programs in the classroom. ▪ Youth Counsellors are in a great position to work with the In School Team, and are one of the access points for referrals to the DSBN Social Workers. ▪ They are also a great resource for connecting students with community support 	<p>Supervised by – John Dickson Ariene Tuls-Herfst</p> <p>Clinical Support – DSBN Social Workers Dr. Lisa Linders</p>
<p>DSBN Social Workers 9 FTE</p> <p>DSBN Social Workers are a resource for students with a mental health diagnosis or suspicion of diagnosis whose symptoms are not well managed.</p>	<ul style="list-style-type: none"> ▪ Appropriate referrals include students with mental health difficulties that continue to be problematic even with in-school team supports. ▪ The DSBN Social Worker is a great resource when a home visit is needed or when complex family issues have arisen. They are able to accompany students and their families to doctor or other appointments ▪ DSBN Social Workers bridge the gap between families and schools ▪ The DSBN Social Worker provides <ul style="list-style-type: none"> ▪ clinical assessment & intervention planning (including referrals to outside agencies) ▪ clinical case management ▪ imminent risk/tragedy response and management ▪ collegial consultation to the Youth Counsellors within their Area. (PLCs) ▪ professional development to DSBN staff to build mental health awareness ▪ The DSBN SW determines which students would most benefit from access to the Pathstone Therapists or the Mental Health and Addiction Nurse, and makes this referral. They are the only access point to these services. They also serve as the point of contact between the school and the Pathstone Social Workers and can help facilitate school meetings, etc. as needed. 	<p>Supervised by - John Dickson, Dr. Lisa Linders</p> <p>Clinical Support – Dr. Lisa Linders</p>

Roles	Description	Support
DSBN Mental Health Lead/ Chief Psychologist	<ul style="list-style-type: none"> ▪ Implementing the DSBN Mental Health Strategy ▪ Community liaison between the DSBN and Community Partners providing mental health services. This includes representing the DSBN on numerous community committees. ▪ Organization and roll out of Mental Health Promotion and Prevention programs in the DSBN. ▪ Mental Health Awareness and Literacy for DSBN staff. ▪ Supervisor of DSBN Social WorkTeam ▪ Member of DSBN Mental Health Administrative Team 	
Student Achievement Lead Arlene Tuls – Herfst	<p><u>Youth Counsellor Administrator</u></p> <ul style="list-style-type: none"> ▪ Attendance monitored to streamline availability of Youth Counsellors for schools ▪ Support regarding allocation of time and work related issues ▪ PD approvals and/or invitations to build capacity within the group of Youth Counsellors ▪ Administrative lens and support to issues regarding roles and responsibilities ▪ Member of DSBN Mental Health Administrative Team <p><u>Instructional Outreach</u></p> <ul style="list-style-type: none"> ▪ Review all applications prior to approval ▪ Support school administration in making applications ▪ Ensuring mental health supports have been accessed prior to application ▪ Assisting in plans for student re-entry as required 	